

Person Centered Planning Meeting Agenda

Start out with Introductions (Who you are, what you do/how you are related and how long you've known The child)

PART 1-Personal profile & Lifestyle preferences

○ The child's story

- Who is the child?
 - Highlights and accomplishments in the past year-what has improved/what has the team/person done well?
 - Preferences: Likes (Reinforcers)/Dislikes: *include food, activities, people, places, toys, movies, restaurants, etc*
 - Strengths and Challenges:
 - *Strengths:(positive behaviors & Skills) including things like personality, approach to life, problem solving and any other characteristic that can help them achieve their preferred lifestyle.*
 - *List the challenges that might keep them from achieving their preferred lifestyle.*
 - Health/physiology- current health status, medication, adaptive equipment/assistive tech
 - Choices: *what choices does The child get to make, what choices could he make more of or be taught to make more of so that he has can have some control of his life. (must have opportunities for choices in at least 3 areas throughout the day) Are choices ever limited, why?*
 - Opportunities to interact with others-*What are the places/activities The child participates in at Home, School and in the community (social, leisure, religious activities)*

• The DREAM – What is the dream for the future?

identify The child's dream for the future, including all the ideas, values, people and things that are important to them. List anything that is important for The child to realize the kind of life he desires.

• Preferred Lifestyle

what kind of living situation they want, with whom they want to live, what kind of valued work or activity they want to do, who they want to socialize with, and what kind of social, leisure, religious or other activities they want to do.

• Hopes/Fears

Identify the hopes and fears you have for this individual. Under "Hopes" list what is possible if we do the best we can. Under "Fears" list what is possible if things do not improve or get worse.

• What works/what doesn't? *What strategies work well for The child? What strategies have not been as successful or cause the challenging behavior to increase?*

PART 2: Setting Goals/Making Plans

- Themes- *Identify any patterns or themes you found throughout this process*
- Things that need further investigation-anything we need to look into or know more about
- Goals *List the goals that you would like to see achieved one year from today. Think about what might be possible if everyone tries there hardest. Consider any outcome as long as it is POSSIBLE and POSITIVE.*
- Action Plans *What actions can be taken immediately? These steps can be small and should focus on the specific areas of preferred lifestyle. Information should include what is to be done, when it is to be done, who will do it, and how opportunities for choice will be assured.*

Action Plans

| What? (action statement) | Who is Responsible? | By When? Date: | How will team know the action plan/goal has been achieved? | Comments |
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